

**Check out this term's Exam Jam programming!**

Collect 3 stamps when participating in activities or for each hour of study in the Student Learning Hub and enter to win a Lenovo tablet!

Questions? Email [learning.hub@ubc.ca](mailto:learning.hub@ubc.ca)

**Drop-in Supports in the SLH (LIB 237)**

<p>10am-4pm LIB 237</p>	<p>Academic Writing Support (drop-in)</p> <p>A Writing Consultant can help you sharpen your drafting, writing, and revising skills while learning strategies for navigating the confusing world of academic writing.</p>
<p>Various Times LIB 237</p>	<p>Language Support (drop-in)</p> <p>French (10am-12pm &amp; 1pm-4pm)   Spanish (10am-4pm)   Japanese (12:30-2:30)</p> <p>Language Consultants can help you practice pronunciation, understand language conventions for sentences, punctuation and spelling, and use reference tools effectively!</p>
<p>10am-11am &amp; 12pm-2pm LIB 237</p>	<p>Drop-in Citation Support</p> <p>Do you have questions about citation style guides? How to cite a specific source? Stop by and chat with a librarian. UBC Okanagan Librarians can help you evaluate, use, synthesize, create, and cite information sources.</p>
<p>10am-4pm LIB 237</p>	<p>Subject Tutor Drop-ins</p> <p>Times for specific subjects vary, check page 4 for a detailed schedule</p>

## Drop-in Activities and Supports Around Campus

10am-12pm &  
1pm-4pm  
LIB 237

### Academic Integrity Drop-in

Chat with an academic integrity expert and learn how to ace your assignments and tests with integrity. We can help with questions about using sources, quoting, paraphrasing, summarizing, in-text citations, and smart study/exam taking tips to avoid academic slip-ups!

10am-3pm  
ASC 167  
(in the Psychology  
Clinic)

### Drop-in Mental Health Support

Tuesday and Thursday 10am-3pm in ASC 167 (in the psychology clinic)

While drop-in is only Tuesday and Thursday, you can pre-book a drop-in appointment for October 9 and get a stamp on your passport. No Appointment needed, just drop by ASC 167!

For more information scan the QR code ->



1pm-4pm  
Picnic in UNC

### Picnic - Time to Unwind

Unwind and destress with Picnic! Make your own trail mix, have some tea, create something (art supplies available), and discover tips to promote your wellbeing during exams.

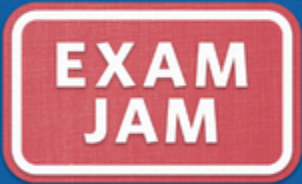
1pm-4pm  
UNC 207  
& Various  
Locations

### Academic & Career Advising

Connect with an academic and career advisor at locations across campus each Wednesday afternoon — no appointment needed. Advisors meet with students in person on a first-come, first-served basis. Feel free to bring a friend or small group if you're looking for answers to similar questions.

Scan the QR code to visit the advising webpage ->





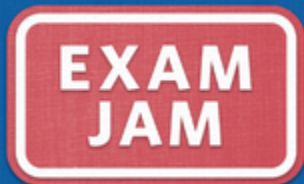
# Finals Countdown

April 8 | 10am-4pm

## Drop-in Subject Tutoring - LIB 237

10:00am	<p>Bill 10 - 12pm MATH, CHEM, BIOL</p>	<p>Andre 9:30 - 1pm PHYS, MATH, CHEM</p>	<p>Vahan 11 - 1pm ECON, MATH, POLI</p>	<p>Nick 10 - 12pm MGMT, ECON, STAT, MATH</p>	<p>David 10 - 12pm APSC, MATH, PHYS</p>
10:30am					
11:00am					
11:30am					
12:00pm	<p>Edmon 12 - 4pm ENGR, APSC, MATH, PHYS</p>	<p>Marita 1- 2pm BIOC, BIOL, CHEM</p>	<p>Emma 1:30 - 3:30pm PSYO, MATH</p>	<p>Elliot 12 - 4pm APSC, ENGR</p>	
12:30pm					
1:00pm					
1:30pm					
2:00pm		<p>Keir 2- 4pm PSYO, DATA, MATH, STAT, BIOL, COSC</p>			
2:30pm					
3:00pm					
3:30pm					

The specific classes that tutors can help with can be found in their QReserve profiles.  
[access.qreserve.com/ubcostudentlearninghub](https://access.qreserve.com/ubcostudentlearninghub)



# Finals Countdown

April 8 | 10am-4pm

## SL Sessions - in LIB 237

9:30 - 11 am	CHEM 123
11 - 12:30 pm	BIOL 125

## Free Activity Classes With UBCO Recreation

11:05am-12:00pm	Pilates with Maria
12:15-12:45pm	Spin 30 with Maria
3:10-4:10pm	Yoga for Mental Wellness with Claire (Nechako)

Find More Classes @ [recreation.ok.ubc.ca/fitness/group-fitness/](https://recreation.ok.ubc.ca/fitness/group-fitness/)

## Don't Forget To Enter The Draw!

Collect 3 stamps when participating in activities or for each hour of study in the Student Learning Hub and enter to win a Lenovo tablet!

**Drop your stamped and filled out entry card off at the SLH before April 15<sup>th</sup> to enter**

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