

Jump Start Sample Schedule | UBC Okanagan

Before Jump Start

UBC 101 is an online program available on Canvas to all new-to-UBC students who have accepted their offer of admission. UBC 101 contains modules that will be released weekly between mid-May and mid-August.

Through UBC 101, you will have access to an upper-year student who can answer your questions and provide support before classes start.

Students will be auto-enrolled in UBC 101. You can access the program anytime by clicking the link to UBC 101 on your Canvas dashboard at canvas.ubc.ca.

TUESDAY

Move-in day for students in residence.



WEDNESDAY

- Team time
- Welcome
- Lunch
- Back to Basics
- Campus tours
- Recreation activities

Optional:

- Indigenous Student Breakfast
- Evening social activities
- Identity-based social activities
- International student information session

THURSDAY

- Wellbeing & Accessibility fair
- SVPRO workshop
- Lunch
- Equity and anti-racism session
- How to communicate with your instructor
- Evening social activities

Optional:

- Evening social activities
- Identity based social activities



FRIDAY

- Team time
- Faculty panel
- Academic & Career Development session
- Lunch
- Explore Kelowna activities

Optional:

- Evening social activities
- Heat Soccer game

Note: This is a sample schedule of the type of programming offered at Jump Start and is subject to change.

