

# Finals Countdown

April 8 | 10am-4pm

Check out this term's Exam Jam programming!



Collect 3 stamps when participating in activities or for each hour of study in the Student Learning Hub and enter to win a Lenovo tablet!

Questions? Email [learning.hub@ubc.ca](mailto:learning.hub@ubc.ca)

## Drop-in Supports in the SLH (LIB 237)

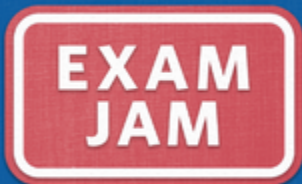
<p>10am-4pm LIB 237</p>	<p><b>Academic Writing Support (drop-in)</b></p> <p>A Writing Consultant can help you sharpen your drafting, writing, and revising skills while learning strategies for navigating the confusing world of academic writing.</p>
<p>10am-1pm LIB 237</p>	<p><b>Spanish Language Support (drop-in)</b></p> <p>Spanish Language Consultants can help you practice pronunciation, understand language conventions for sentences, punctuation and spelling, and use reference tools effectively!</p>
<p>10am-2pm &amp; 3pm-4pm LIB 237</p>	<p><b>Drop-in Citation Support</b></p> <p>Do you have questions about citation style guides? How to cite a specific source? Stop by and chat with a librarian. UBC Okanagan Librarians can help you evaluate, use, synthesize, create, and cite information sources.</p>
<p>10am-4pm LIB 237</p>	<p><b>Subject Tutor Drop-ins</b></p> <p>Times for specific subjects vary, check page 4 for a detailed schedule</p>
<p>10am-12pm &amp; 1pm-4pm LIB 237</p>	<p><b>Academic Integrity Drop-in</b></p> <p>Chat with an academic integrity expert and learn how to ace your assignments and tests with integrity. We can help with questions about using sources, quoting, paraphrasing, summarizing, in-text citations, and smart study/exam taking tips to avoid academic slip-ups!</p>

## Drop-in Activities and Supports Around Campus

<p><b>10am-3pm</b> <b>ASC 167</b> (in the Psychology Clinic)</p>	<p><b>Drop-in Mental Health Support</b></p> <p>A special Walk-In Wellness Service will be available as part of Exam Jam programming. The Walk-In Wellness Service provides brief (up to 30 minutes) mental health appointments with doctoral student clinicians (supervised by faculty registered psychologists).</p> <p>Clients can receive support and/or strategies, tools, and resources for a variety of concerns including depression, anxiety, stress, self-care, and substance use. No Appointment needed, just drop by ASC 167!</p> <p>For more information scan the QR code -&gt; </p>
<p><b>1pm-4pm</b> <b>Picnic in UNC</b></p>	<p><b>Picnic - Time to Unwind</b></p> <p>Unwind and destress with Picnic! Make your own trail mix, have some tea, and discover tips to promote your wellbeing during exams.</p>
<p><b>9am-12pm &amp; 1pm-4pm</b> <b>UNC 207</b></p>	<p><b>Academic &amp; Career Advising</b></p> <p>Advising has additional drop-in times for Exam Jam! This is a great chance to ask your quick questions Both in-person and phone options are available. You can sign up for drop-ins on their website so you know what to expect for wait time if they are with someone.</p> <p>Scan the QR code to visit the advising webpage -&gt; </p>

**Check out this term's Exam Jam programming  
Around Campus!!**

Questions? Email [learning.hub@ubc.ca](mailto:learning.hub@ubc.ca)



# Finals Countdown

April 8 | 10am-4pm

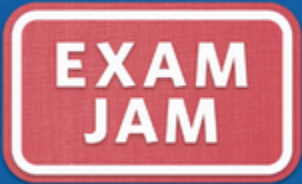
SL Sessions - in LIB 237	
9-10:30	CHEM 123
12:30-2	PHYS 122
2-3:30	MATH 101

**Check out this term's Exam Jam programming  
Around Campus!!**

Questions? Email [learning.hub@ubc.ca](mailto:learning.hub@ubc.ca)

Free Activity Classes With UBCO Recreation	
2:15-2:45 (30min)	Spin 30
4:45-5:45pm (60min)	Full Body Strength
5:00-5:45pm (45min)	Country Spin
5-6pm (60min)	Yoga - UNC 316
6-6:45pm (45min)	Full Body Strength
7-7:45pm (45min)	Spin and Strength
7pm-8pm (60min)	Zumba

[recreation.ok.ubc.ca/fitness/group-fitness/](https://recreation.ok.ubc.ca/fitness/group-fitness/)



# Finals Countdown

April 8 | 10am-4pm

## Drop-in Subject Tutoring - LIB 237

10:00am	<b>Fikayo</b> 10 -1:30 pm MATH, CHEM, BIOL, PSYO	<b>Bill</b> 11 - 1 pm MATH, CHEM, BIOL	<b>Marita</b> 11 - 2 pm BIOL, CHEM	<b>Emma</b> 10 - 12:30 pm PSYO, MATH			
10:30am							
11:00am							
11:30am							
12:00pm							
12:30pm							
1:00pm	<b>Edmon</b> 1:30 - 4 pm APSC, ENGR	<b>Prina</b> 1 - 3pm MATH, COSC, ECON, DATA	<b>Jamie</b> 12:30 - 2 pm BIOL, BIOC, CHEM	<b>Jesse</b> 1:30-4pm MATH, PSYO, STAT, DATA			
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							

The specific classes that tutors can help with can be found in their QReserve profiles.  
[access.qreserve.com/ubcostudentlearninghub](https://access.qreserve.com/ubcostudentlearninghub)