WHAT IS SEXUAL ASSAULT?

- Sexual assault is any unwanted sexual contact within or outside a relationship.
- Sexual assault is a crime and is never the fault of the survivor.
- Sexual assault happens to people of all ages, genders and sexualities.

WHAT TO EXPECT WHEN SOMEONE DISCLOSES A SEXUAL ASSAULT

Survivors of sexual assault will express a range of emotional and physical symptoms. Sexual assault is never the fault of the survivor and each may react differently. Survivors are the experts in determining what steps and supports are best for them.

YOUR ROLE

Responding to and supporting someone who has been sexually assaulted can be complex but chances are they have come to you because they trust you. Be compassionate, respectful, and supportive. Ensure they can access resources.

HOW TO ASSIST

1 ATTEND TO SAFETY

❗ If someone is in immediate danger or needs urgent medical attention, call Emergency Services: 9.1.1

Encourage the student to seek medical care and confirm they have somewhere safe to stay.

- **KELOWNA GENERAL HOSPITAL**
  Assessment and treatment of injuries, sexual transmitted infections, and pregnancy prevention as well as forensic evidence collection and emotional support. Student should be offered access to the Sexual Assault Response Team (SART) upon disclosure at the hospital and receive specialized care.
  Kelowna General Hospital – Emergency Department
  2268 Pandosy Street
  250.862.4000

- **HEALTH AND WELLNESS CENTRE**
  Provides medical (treatment of minor injuries, STI treatment, pregnancy prevention – but unable to perform forensic exam) and counseling services in a caring, safe and confidential space. 9 a.m. to 4 p.m. Monday to Friday (call to make an appointment).
  UNC337 - 3272 University Way
  250.807.9270
  students.ok.ubc.ca/health-wellness

- **CAMPUS SECURITY**
  Provides 24/7 response on campus and assistance with safety planning.
  Emergency: 250.807.8111
  Non-emergency or after hours call: 250.807.9236
  security.ok.ubc.ca

2 LISTEN AND SHOW YOUR SUPPORT

- Allow the survivor to lead the conversation.
- Listen without interrupting. Encourage the survivor to take their time if necessary.
- Respect the words they use to describe what’s happened to them.
- Believe and support the survivor. Remind them they are not at fault.
- Encourage the survivor to seek the support they need and allow them to make their own decisions.
- Ask what you can do to be supportive. Ease any concerns the student might have about academic considerations in the moment.

3 PROVIDE INFORMATION ON RESOURCES BY COPYING THE BACK PAGE

Be sure the student is aware of UBC and community support services listed on the back page.

You don’t need to know or recommend which service the student might want to follow up with. Simply providing the options supports the student.

TAKING CARE OF YOUR OWN WELLBEING IS IMPORTANT. YOU CAN GET SUPPORT THROUGH UBC EFAP: 1.800.387.4765

If you’d like to speak with someone about how to refer a student to specific support services or to put the appropriate accommodations in place, please call the Associate Vice President, Students office at 250.807.8809 or email avps.ok@ubc.ca.
SEXUAL ASSAULT | SUPPORT FOR SURVIVORS

RESOURCES (SEPTEMBER 2017)

HEALTH AND WELLNESS
Provides medical services (not including forensic exams) in a caring, safe and confidential space. Health and Wellness also provides free one-on-one counseling to support those persons who have been sexually assaulted and/or impacted by sexual abuse and other forms of sexualized violence. Health and Wellness may also assist with coordinating resources to support the survivor (for instance, academic accommodations, residence issues, financial aid).
UNC337 - 3272 University Way
250.807.9270
students.ok.ubc.ca/health-wellness

ELIZABETH FRY SOCIETY
Provides specialized therapy to survivors of sexual assault, childhood sexual abuse and/or ritual abuse. The Elizabeth Fry Society also provides education and group therapy to help survivors understand and overcome the effects of trauma related to sexual violence.
280 - 1855 Kirschner Rd., Kelowna BC V1Y 4N7
250.763.4613
empowerific.com

24-HOUR CONTACTS

UBC OKANAGAN CAMPUS SECURITY
Provides response and assistance with safety planning and supports students in accessing health and wellness resources.
Emergency: 250.807.8111
Non-emergency or after hours call: 250.807.9236
24-hour Safewalk service: 1.250.807.8076
security.ok.ubc.ca

SEXUAL ASSAULT HELP LINE
Toll-free, confidential crisis line.
1.877.392.7583
wawaw.ca/24-hour-toll-free-crisis-line

VICTIMLINK
24-hour, multilingual service.
1.800.563.0808
TTY: 604.875.0885
Text: 604.836.6381
victimsinfo.ca/en/services/victimlink

HEALTH LINK BC (811)
Call 8-1-1 from anywhere in BC to speak with a nurse any time of the day or night.
811
healthlinkbc.ca

STUDENT SERVICES WEBSITE
The sexual assault page on the Student Services website provides more information and resources for survivors.
students.ok.ubc.ca/sexual-assault
students.ok.ubc.ca/saam
students.ok.ubc.ca/health-wellness/counselling

KELOWNA GENERAL HOSPITAL
Assessment and treatment of injuries, sexual transmitted infections, and pregnancy prevention as well as forensic evidence collection and emotional support. Student should be offered access to the Sexual Assault Response Team (SART) upon disclosure at the hospital and receive specialized care. The team is specially trained to provide medical care and emotional support to anyone who has been sexually assaulted.
Kelowna General Hospital – Emergency Department
2268 Pandosy Street
250.862.4000

REPORTING OPTIONS (STAFF, FACULTY AND STUDENTS)

A survivor can report an assault to local law enforcement, the University, neither or both. It is hoped that all students will begin their process of reporting at Health and Wellness to ensure their personal health and wellbeing are tended to first. If survivors prefer, they can report directly to:

UNIVERSITY PROCESSES
(To make a complaint and request a University investigation)
Survivors can contact the Director of Investigations at
604.822.1897 or director.of.investigations@ubc.ca
calendar.ubc.ca/okanagan/index.cfm?tree=3,54,1030,0

LAW ENFORCEMENT
ROYAL CANADIAN MOUNTED POLICE (RCMP) (To pursue criminal charges)
If the assault took place off campus, it can be reported to the police department or law enforcement agency in the district where the assault occurred.
Kelowna 250.762.3300
Vernon 250.545.7171
Penticton 250.492.4300